

Cancer Survivors Praise Catholic Health



Barbara Hutchins, Dr. Bhoomi Mehrotra and Will Hutchins, cancer survivor.

It's been eight years since Will Hutchins first met Dr. Bhoomi Mehrotra, Catholic Health's chair of cancer services. The retired actor, who appeared in films with Elvis Presley and Jack Nicholson, was shaving when he noticed a lump in his neck. Testing revealed a malignant tumor at the base of his tongue. Hutchins consulted with Dr. Mehrotra and soon began treatment at St. Francis Hospital & Heart Center®.

"From the first time I met him, I could see in his eyes that he truly cared," Hutchins said. "He takes the time to listen and has this marvelous aura about him. Throughout my treatment, he told me step-by-step what would be happening, so there would be no surprises."

Today Hutchins and his wife, Babs, are enjoying life on Long Island's North Shore. "God bless all the medical professionals for the work they have done over the past year during the pandemic. They should all get medals."

"I had the most incredible care," said Elizabeth Morales, a breast cancer survivor. The New Hyde Park resident was treated by physicians from the Catholic Health Cancer Institute at St. Francis Hospital. After her mammogram indicated tumors in both breasts, Morales was referred to surgeon Dr. Marie Hui-Mei Chen, at St. Francis Hospital & Heart Center®. Following surgery, she saw St. Francis hematologist/oncologist Dr. Rajasree Roy.

"She was amazing," said Morales. "Dr. Roy is not someone who just sits behind a desk and talks at you. She is kind and compassionate, and I still call her to this day to talk. Everyone in her office was so nice, and they did everything they could to help me. I was fortunate to have so many beautiful people there to care for me."



Elizabeth Morales, breast cancer survivor (at podium). In the background L-R: Laura Maier, Town of Oyster Bay councilwoman; Richard LaMarca, Town of Oyster Bay town clerk; and Joseph Saladino, Town of Oyster Bay supervisor.



Richard Koster, prostate cancer survivor

"I wish I hadn't waited so long," said Richard Koster about the prostate-specific antigen (PSA) exam that changed his life. "I knew my prostate was enlarged, but I put off facing the situation, hoping meds would get me through. When I finally got the PSA and the results showed a very high count, I knew it was time to act."

Koster turned to Dr. Christopher Atalla of the Catholic Health Cancer Institute at Good Samaritan Hospital, who confirmed he had prostate cancer. After reviewing all the options, the Ronkonkoma resident opted to have his prostate removed

entirely. Dr. Atalla is an expert in robotic surgery and robotic prostatectomy. "It wasn't a painful recovery at all," recalled Koster. "All I took in the days after was over-the-counter acetaminophen."

The 71-year-old father and grandfather is now back to one of his favorite pastimes, freshwater fishing on Blydenburgh Lake. "I feel better than I have in years," he said. "I no longer need to make five trips to the bathroom each night, which means I'm getting a full night's sleep. That's given me back my energy and alertness. I'm living better than I have in years."

SPECIAL ADVERTISING SECTION

Catholic Health Delivers Complete Cancer Care



The Catholic Health Cancer Institute has accredited facilities situated across Nassau and Suffolk, each delivering outstanding care and treatment, using an integrated, multispecialty approach to cancer.

Yet, Catholic Health provides much more — human compassion and a true commitment to support its patients and their families throughout their cancer journey.

“The medical hurdles are just one side of the equation,” said Dr. Bhoomi Mehrotra, Catholic Health chair of cancer services. “We can deliver the highest caliber of medical,

surgical or minimally invasive therapies. Yet we know that for the patient to truly get through the ordeal of cancer they need human support. We deliver that in a very genuine way.”

Catholic Health’s Cancer Institute brings together all the necessary oncologic specialties to tailor a treatment strategy for each patient’s unique needs. That includes medical oncology, surgical oncology, infusion therapy and radiation oncology. Beyond the leading-edge tools and therapies, Catholic Health’s physicians and nurses never lose sight of the most important factor—the patient’s trust and understanding.

COMBINING CLINICAL EXPERTISE WITH COMPASSIONATE CARE

As part of its rich heritage, founded in faith, Catholic Health has earned a reputation for offering clinical excellence with a markedly compassionate character. Patients receive personalized care in a nurturing environment. Beyond its roster of highly seasoned oncologists, patients and their families are supported by dedicated nurse navigators, social workers, dietitians—and pastoral care.

“We support our patients emotionally and spiritually as well as medically,” said Dr. Yi-Chun Lee, chair of Catholic Health’s gynecologic oncology. “They are human beings, and we are their partners in fighting cancer.”

Long Island’s only faith-based health care system differentiates itself from other health care systems ...to treat patients in their totality—the body, mind and spirit. “The clinical expertise we provide is always infused with a heavy dose of empathy and understanding. It’s just who we are,” said Dr. Patrick O’Shaughnessy, president and chief executive officer of Catholic Health.

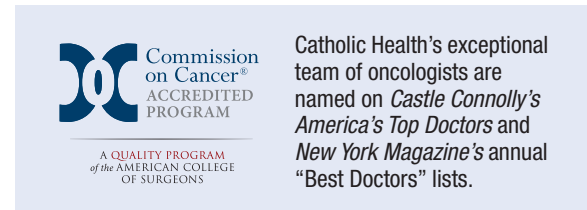


Catholic Health Chair of Cancer Services
Dr. Bhoomi Mehrotra

CATHOLIC HEALTH BRINGS NOVEL THERAPIES TO LONG ISLAND

Some cancer patients do not respond to conventional therapies. In those situations, new approaches are sought—novel therapies, still in clinical trials. Catholic Health brings groundbreaking clinical research and exclusive trials to cancer patients on Long Island through its partnership with Buffalo-based Roswell Park Comprehensive Cancer Center, one of the nation’s leading cancer centers.

“The field of oncology has made major strides in recent years based upon research and the participation of individuals in cancer clinical trials,” said Dr. Mehrotra. “As a member of



Catholic Health’s exceptional team of oncologists are named on *Castle Connolly’s America’s Top Doctors* and *New York Magazine’s* annual “Best Doctors” lists.

the Roswell Park Care Network, we’re bringing these novel therapies to Long Island.”

Catholic Health is actively enrolling qualifying cancer patients in clinical trials involving all major cancer types. For more information, or to find out if you qualify for clinical trials, please call (844) 86-CANCER, or email Catholic Health at oncologyclinicaltrials@chsl.org.

SUPERIOR RADIATION TECHNOLOGY TO TREAT TUMORS

Physicians at the Catholic Health Cancer Institute use tools and technologies that provide pinpoint accuracy in radiation therapy. These leading-edge tools have distinct advantages as compared to CyberKnife®.

“We use Varian’s TrueBeam™ and EDGE™ technologies to eradicate cancer tumors,” explained Dr. Johnny Kao, Good Samaritan Hospital’s chair of radiation oncology. “Varian EDGE’s real-time system offers the ability to deliver highly focused treatments at a much faster rate. Treatment that would take several hours on competing systems can now take less than 20 minutes.”

With Varian, treatment can be performed in as few as 5 sessions, each lasting no more than 15 minutes.

SCIENCE AND SUPPORT, TREATMENT AND TRUST

Catholic Health’s expert cancer services are available at multiple locations across Long Island. There’s one near you:

- The Cancer Institute at Mercy Hospital in Rockville Centre
- The Cancer Institute at Good Samaritan Hospital in West Islip
- The Cancer Institute at St. Francis Hospital in East Hills
- The Cancer Institute at St. Joseph Hospital in Bethpage

Additionally, St. Catherine of Siena Hospital and St. Charles Hospital also offer cancer services, and works in close collaboration with the Catholic Health Cancer Institutes.



CATHOLIC HEALTH TREATS ALL TYPES OF CANCER, INCLUDING:

- Brain & Spine
- Breast
- Colon
- Gastrointestinal
- Genitourinary
- Gynecologic
- Head & Neck
- Hematologic/Blood
- Lung
- Musculoskeletal
- Pancreas
- Prostate
- Skin

Patient-Focused Care

Catholic Health sees every cancer patient as a unique individual, not a statistic. Our Cancer Institutes throughout Long Island provide the highest quality cancer care, close to home.



CATHOLIC HEALTH CANCER SERVICES SPAN ALL PHASES OF DIAGNOSIS, TREATMENT AND CARE:

- Screening
- Advanced Imaging
- Surgical Oncology
- Medical Oncology
- Radiation Oncology
- Infusion Services
- Multidisciplinary Treatment Programs
- Onsite Laboratory & Pharmacy Services
- Survivorship & Wellness Programs
- Oncology-Dedicated Psychosocial & Nutrition Care
- Genetic Counseling
- Pastoral Care
- Financial Counseling

Catholic Health offers cancer patients access to clinical trials of novel therapies through its partnership with the Roswell Park Care Network, one of the nation’s leading cancer centers.





TAKING ON CANCER TAKES AN ISLAND

**Because fighting cancer takes physicians and family.
Science and support. Treatment and trust.**

That's why at Catholic Health, you'll receive the highest caliber of personalized cancer care designed to treat the whole person and not just the disease. We take a comprehensive, multidisciplinary approach that addresses nutritional, social, emotional, and spiritual needs to complement a range of advanced medical options. And since you won't have to venture far from home, the people and places that keep your spirits high are always within reach.

Learn more at chsli.org/cancer or call us at (844) 86-CANCER.